Helen Hipp Releases Rosie and Friends: Positively Different

This second book in her series continues to build positive encouragement in children.

New York, November 2016 – Author of children's book <u>A Different Kind of Safari</u>, Helen Hipp, presents her latest children's book (for ages four and up), <u>Rosie and Friends: Positively Different</u> just in time for the holidays. This book is a positive narrative that helps children learn to value themselves and appreciate each other for their differences. Hipp's books offer hope and insight, that can help parents talk about difficult issues in their child's world, opening up conversation in a positive way.

A Different Kind of Safari and Rosie and Friends: Positively Different are unique books, inspired by a once-in-a-lifetime trip led by the author's father to Africa with her 14-year old son Ray, who has special needs. Helen Hipp has created a very effective way to teach children the value of seeing things how they really are instead of how they appear to be. She presents the issue of being different from other children in a way that children can relate to and understand – how to find happiness in spite of the challenges everyone faces.

ABOUT HELEN HIPP

Helen gained first-hand experience with autism as she helped her son face his unique challenges. At the same time, she learned to overcome the barriers to finding adequate services for her son. Helen received her M.A. in counseling and began her career as a psychotherapist to help people find answers for their life problems. Her work eventually evolved into a coaching practice, WithinU Life Coaching, focusing on individuals with special needs and their families. Helen's approach to finding solutions along with her tendency to look at things in different ways remains an integral part of who she is and how she works.

Helen has authored articles for Family Works and Washington Family Magazine and written multiple self-help articles published by ezine.com where she is viewed as an expert in her field. Her children's adventure books, combine all the best of Helen's beliefs in tales that celebrate the value of differences, motivating kids of all ages to meet their challenges with self-acceptance, offering readers ever-changing perspectives that transform personal challenges into opportunities.

A Different Kind of Safari is available for \$17.95 on Amazon, and is also available in Audiobook through Audible and iTunes. **Rosie and Friends: Positively Different** is available for \$11.99. Both books also come with accompanying activity sheets and coloring pages.

Editorial notes:

- Review copies are available.
- Photo downloads and more information here.
- Being that Helen is a certified psychotherapist, she can help guest write an article or give tidbits on why educating about Autism, Asperger's and the spectrum can be important to all families and individuals. Review copies, interviews, Q&A and images are available upon request.

Press contact:

Stephanie Barnhart, Socialminded Media Group: (412) 680-4222; mailto:Stephanie@socialmindedmediagroup.com